

In the 2<sup>nd</sup> Joyful Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the  
**METHOD of PRAYER- SLC**  
( By care of the Little Friars and Sisters V.V. of Jesus and Mary )

( B1- Friar VV of J.M. )

## ***“ The Visitation of Mary to Saint Elizabeth ” ...***



### **FROM THE GOSPEL ACCORDING TO LUKE :**

*“During those days Mary set out in haste and reached the hill country to a town of Judah where she entered the house of Zechariah and greeted Elizabeth. As soon as Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, ‘Most blessed are you among women, and blessed is the fruit of your womb ! And how does this happen to me, that the mother of my Lord should come to me ? For at the moment the sound of your greeting reached my ears, the baby in my womb leaped for joy. (And) Blessed (is she) who believed in the fulfilment of the words of the Lord’. So then Mary said: ‘My soul magnifies the Lord... ’” ( Lk 1, 39-56 ) ...*

### **FROM THE V.V. MEDITATIONS :**

*“ Mary, obtain also for us the Grace ( after having meditated the Announcement, and in a certain way understood the Will of God) to be able to take off walking towards the heights (of Charity).. and towards the heights of the Will of God, ‘in helping’ in one way or in another ‘the neighbour in need’ especially in their spiritual needs, like so to be able to make them to give birth to that Child Spirit of he who will have to Announce the Saviour with his Salvation, both for himself and for so many others ! This Child Spirit, of which it’s written in the Benedictus: ‘And you little child, will be called Prophet of the Most High, for you will go ahead of the Lord to prepare him the way, to give to His people THE KNOWLEDGE OF SALVATION (that is) IN THE FORGIVENESS OF SINS ! ’” ( Cf. Lk 1, 76 – 77 ). Cf. Friar VV ; in SLC pg. 82-83 ) ...*

### **FROM THE TEACHINGS OF THE ( Catholic ) CHURCH :**

- And again in regards to Charity... like so says Pope Emeritus Benedict the XVI<sup>th</sup> : *“More than worrying ourselves with social problems, lets worry about announcing the Gospel of Christ and all the rest as a consequence, including the social problems, will get better!” ( Cf. Benedict the XVI<sup>th</sup> - Obs. Rom. 8-12. 09.2006 )*
- Or again, in regards to Charity ... like so says St. Pio of Pietrelcina: *“The time best spent is that which one spends for the sanctification of another’s soul!” ( ST. PIO OF PIETRELCINA, MC No. 83 )*

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### **FREE AND PERSONAL MEDITATION**

*( for a personal contribution to give to those who listen ) :*

- And in the case of when we’ve had ( like Mary ) signs of confirmation that what we’ve done today.. may really be the will of God ?...  
*( eg. Of today on the passage of St. Pio, whilst Sr. V.M.D. read exactly the same passage )*

*Then follows...*

- 1 Our Father...
- 5 Hail Mary’s ...
- 1 Glory Be to the Father... (Sung)

- Oh my Jesus, forgive us ...
- Mary, Queen of Peace ...

- Then, a possible “flash” song co-ordinated to the mystery / or one says singing: “ Ave....., Ave....., Ave Maria ....”

*Then one goes on to the next Mystery that (as this one) for when possible must not take more than 5-7 minutes ...*

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N.B. Given that these meditations were born in Italian, don't stop so much at the translation that includes some limits, but stop yourselves rather on what the Spirit proposes! ... The major part of the Scriptural quotations found on these sheets have been translated from the (4<sup>th</sup> edition) Italian version Bible of Jerusalem (approved by the Italian Episcopal Conference - CEI -).